

Chiropractic Treatment Offers Significant Advantage in Pain Reduction and Increased Physical Capacity Compared to Standard Medical Care for Low Back Pain in Active Duty Military Personnel – Our Troops Deserve Chiropractic!

This is a well-designed study looking at the changes in pain and physical functioning following standard medical care with and without chiropractic spinal manipulative treatment of active duty military personnel between the ages of 18-35 years of age. This small well designed pilot study was a prospective, two-arm randomized controlled Trial. **Conclusion:** There was a significant advantage in decrease pain and increased function for those military personnel that received chiropractic spinal manipulative therapy in addition to standard medical care.

“Adding Chiropractic Manipulative Therapy to Standard Medical Care for Patients with Acute Low Back pain: Results of a Pragmatic Randomized Comparative Effectiveness Study. Spine: 38(8):627-634, 2013