

***“John Hopkins University School of Medicine Scientist Peter Doshi, PhD, writes blistering report slamming the flu vaccine.”***

A recent report just published in the British Medical Journal (BMJ) reports that influenza vaccines are continuing to be pushed onto the public by the pharmaceutical industry despite that fact in the opinion of Dr. Doshi they are less effective and cause more side effects than the Centers for Disease Control and Prevention (CDC) are alleging. The article goes on to say that though the CDC suggests flu vaccines are safe and there is no need to determine risks vs. benefits an Australian study found one in every 110 children under the age of five had convulsions following the vaccinations in 2009 of H1N1 influenza. There has also been a documented spike in cases of narcolepsy secondary to this same vaccine in adolescents. As per efficacy of the flu vaccines the common mantra from the CDC is the prevention of serious complications which can cause death, primarily in the elderly population suffering from chronic diseases. However, the only randomized trial of influenza vaccine in older people found no decrease in deaths. A exhaustive Cochrane Group review studying hundreds of thousands of people found zero evidence of protecting the general community against secondary pneumonia, hospitalization or death. Lastly, a study released this last February revealed the flu shot was only 9% effective in protecting the elderly against the flu in 2012-2013.

***Influenza: Marketing vaccine by marketing disease. Doshi, P. BMJ 346:f3037, 2013***