

Recent trial of chiropractic spinal manipulation therapy for cervicogenic headache

Recent trial of chiropractic spinal manipulation therapy for cervicogenic headache reveals those treated by chiropractic cut their number of headaches in half. The study performed by our own research department at the University of Western States also revealed a sustained clinically significant 20 out of 100 points drop on the pain scale. UWS researcher Mitch Haas stated that there is room for improvement and if other common adjunctive treatment modalities were added to the headache treatment protocols further improvement was likely.

Haas M, Spegmann a et al. Dose Response and Efficacy of Spinal Manipulation for Chronic Cervicogenic Headache: A Pilot Randomized Controlled Trial. The Spine J 10:117-128, 2010